

Back To School Preparation Checklist

1+ MONTH BEFORE SCHOOL STARTS

- ☐ Schedule any doctor's appointments
- ☐ Order a second set of any prescriptions for school
- ☐ Get any medical forms ready
- ☐ Audit previous years' school supplies

2-4 WEEKS BEFORE SCHOOL STARTS

- ☐ Make a list of meal ideas
- ☐ Set up a homework/study spot
- ☐ Start a filing system for artwork and school info
- ☐ Add school calendar dates to your family calendar
- ☐ Make a schedule with partner/co-parent
- ☐ Shop back-to-school sales for clothes, shoes, backpacks, etc.
- ☐ Shop for and label school supplies

1 WEEK BEFORE SCHOOL STARTS

- ☐ Practice the morning routine
- ☐ Create a morning checklist
- ☐ Schedule them a haircut
- ☐ Review school safety protocols
- ☐ Attend teacher meet-and-greet (if offered)
- ☐ Plan first-day-of-school outfits and (optional) photo props

