

Age-Appropriate Chores: A Quick Breakdown

18-24 MONTHS

- HELP THROW DIRTY CLOTHES INTO THE HAMPER
- SHOW THEM HOW TO FILL A BIN WITH TOYS
- HELP THEM USE A CLOTH TO CLEAN A SPILL
- THROW DIRTY DIAPERS IN THE DIAPER BIN
- STACK CLEAN CUPS
- HELP GET THE MAIL
- CARRY LAUNDRY TO THE WASHING MACHINE
- HELP COOK MEALS - STIR, MIX, ETC.



2-3 YEARS

- PUT BOOKS AND TOYS AWAY
- WATER OUTDOOR PLANTS
- FEED THE FAMILY PET
- BRUSH TEETH
- SWEEP SMALL MESSSES WITH A BRUSH & DUSTPAN
- PUT CLEAN, NON-BREAKABLE DISHES AWAY
- DUST FURNITURE
- WASH HANDS



4-5 YEARS

- SET THE TABLE FOR MEALS
- HELPING PUT AWAY GROCERIES
- SWITCH LAUNDRY FROM WASHER TO DRYER
- PACK BACKPACKS FOR SCHOOL
- MAKE THE BED
- FOLD CLEAN TOWELS
- BRING BAGS IN FROM THE CAR
- SORT SOCKS



6-7 YEARS

- LOAD THE DISHWASHER (NO KNIVES)
- WASH THE CAR
- WEED THE GARDEN
- HELP PREP AND COOK DINNER
- BRING IN THE MAIL
- PUT AWAY CLEAN LAUNDRY
- EMPTY TRASH CANS
- SWEEP THE KITCHEN FLOOR

